

Spring Cleaning

By Sarita Milliner

Springtime is a chance to start your life anew,
Dust off your pride and change your attitude.
Bring forth the hidden treasures, of your heart,
Don't worry about the past that tore you apart.
Let the fresh air cleanse your soul, body and mind,
Release the inhibitions that have kept you blind.
Love yourself, for who you are and what you can do,
Never worry about what others think, it's all about you.
Embrace the earth elements and the comfort they bring,
Sit back, relax, and enjoy the results of your spring cleaning.